



Dental Health

Teeth are an important part of the body. You need to make the right choices to keep them healthy.

Review choices on the right that help maintain and improve oral health.

Activity:








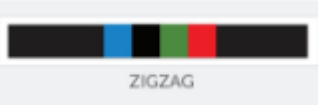
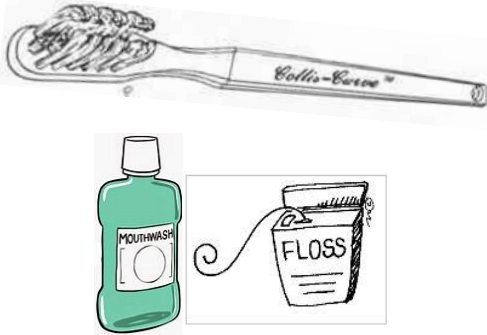

Three important areas of the teeth to clean are the grooves at the tops of the teeth and along the both gumlines.

These areas are indicated by the code boxes on the tooth activity sheet. Select three codes from the *Hacking Codes for Dental Health* chart at the right and fill in the boxes.

Connect the dotted line surrounding the tooth and watch as Ozobot whirls and twirls its way to dental health. Click for [Sample](#)

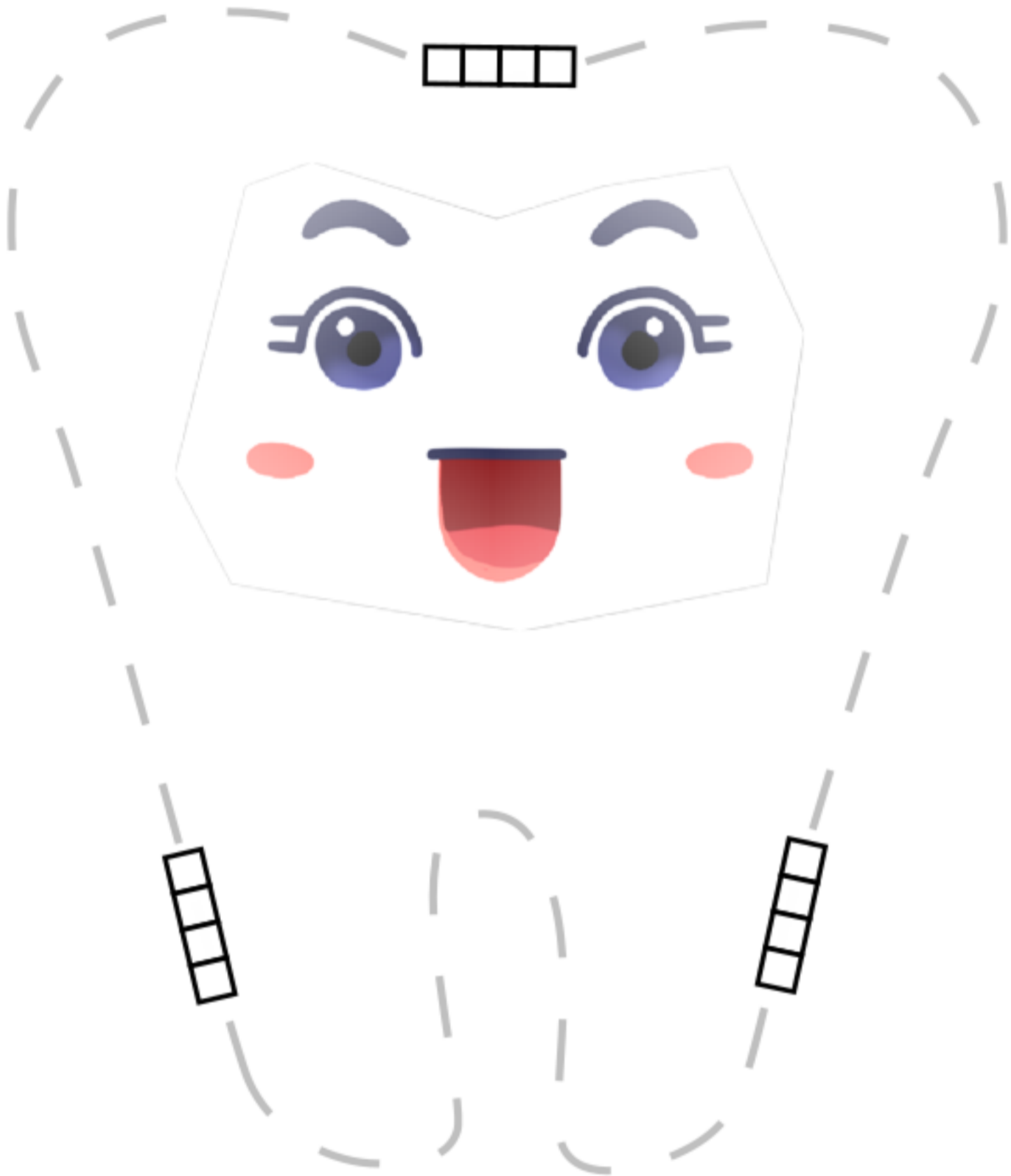
Challenge: Try activity using Ozoblockly and codes of your choice.

Hacking Codes for Dental Health

	<p>Tornado</p> 	<p>Non Citrus Fruits such as Berries, Strawberries, Blueberries, Apples provide health nutrients and minerals that benefit oral health.</p>
	<p>Back Walk</p> 	<p>Healthy Snacks such as apples, celery, carrots have a chewy crunch high fiber that scrubs away plaque from teeth</p>
	<p>U turn</p> 	<p>Eggs provide protein and phosphates and Vitamin D: important minerals for oral health.</p>
	<p>Zig Zag</p> 	<p>Nuts and seeds replenish minerals to tooth enamel</p>
	<p>Dance</p> 	<p>Dental Hygiene routines: Collis Curve toothbrush, dental floss and, mouthwash removes plaque and stimulates gums to keep them healthy and prevent gum disease.</p>

HACK YOUR DENTAL HEALTH

- 1 Color blocks in with a code from the dental codes chart
- 2 Connect the dots in black marker to reveal the tooth
- 3 Place Ozobot on the line to watch it follow your code!



Place code sticker here

Congratulations!

You are now a Collis Curve Coder